



# 4-H Focus

## January/February 2008



WASHINGTON STATE UNIVERSITY



WHITMAN COUNTY EXTENSION

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**Thoughts from Janet**

Snowy Greetings to All! It has been quite a winter so far! Who knows what the next few months will bring. Despite the winter conditions, I hope clubs have had the opportunity to meet and work on club activities. It is a New Year and time to learn or do something new in 4-H. During the winter months, clubs can be working on community service activities, demonstrations, record books, arts & crafts, baking and other inside projects. Then during the spring/summer months, youth can work on animal projects, gardening and flower projects, outdoor photography and so much more. There is plenty to do in 4-H year around! I encourage clubs to have regular meetings and involve the members in planning the club's activities. I know that it can be challenging to schedule around work, school, sports, church and other schedules, but in the end it is worth it! Through 4-H experiences and family involvement, youth gain the skills to help them be successful in life. They gain competencies, confidence and knowledge that help them become a productive, contributing member of society. This is what 4-H is all about! Stay safe and warm! Until next time, warmly, Janet

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### 4-H Enrollment Reminder

The 4-H ENROLLMENT DEADLINE was January 31<sup>st</sup>. I know a few clubs have been delayed due to winter road and storm conditions. If you haven't turned in your enrollment forms, please notify the office and let us know that they are coming. We are completing 4-H data entry and the status of a few clubs is unknown. If you have questions about enrollment or need assistance, please give us a call in the office.



### Steer Weigh-In Dates



Steer weigh-in is scheduled for Saturday, April 5, 2008, 9am – 12pm and April 13, 2008, 1-5pm at Palouse Empire Fairgrounds. Pick the date that best fits your schedule! Weigh-in is mandatory for youth intending upon selling their market steers at Palouse Empire Fair.

### Cougar Youth Weekend

The WSU Dairy Club is announcing - Cougar Youth Weekend, **April 18-20, 2008** (Friday-Sunday); a weekend for youth 10-18 years of age with an interest in aspects of the dairy industry and showing. The weekend will feature showmanship instruction with workshops offered for fitting, showing and handling of dairy heifers. Each individual will be given the opportunity to work with a heifer, have hands-on practice during the workshops, and on the last day, demonstrate what he or she has learned during the showmanship contest. Youth can also enroll in the Dairy Cattle Judging workshop, which will concentrate on visual appraisal and oral reasons. Seminars in nutrition, reproduction, breeding, udder health, and dairy products will also be offered. For more information on Cougar Youth Weekend, contact the Cougar Youth Weekend secretaries, Illene Stolz or Jillian Marcy at [wsudairyclub@gmail.com](mailto:wsudairyclub@gmail.com).

### Spring Session of 4-H Leader Training

The Spring Session of 4-H Leader Training has been scheduled for Tuesday, March 18, 2008, 5:30pm – 9:00pm in Conference Rm. A in the Public Service Building in Colfax. Before the training, please complete the four e-learning modules on-line. Go to <http://4h.wsu.edu> and click on e-learning for 4-H volunteers. Please RSVP to let us know that you plan on attending, so we will have a notebook ready for you. For questions or more information, contact Janet in the Whitman County Extension Office.



### Beef and Swine Youth Field Days

The **Youth Beef Field Day** is scheduled for **Saturday, March 15, 2008**, at Lewiston Livestock Market, registration starting at 9:15am. Topics for the Beef Field Day include feeding and nutrition, health care, quality assurance and Fitting & Showing. Registration payment of \$5/person is requested by March 7 to the Nez Perce County Extension Office. Lunch of pizza and pop is provided. The flyer is posted at <http://whitman.4h.wsu.edu>. For more information contact Kerry Sanford, Nez Perce County Extension, (208) 799-3096 or Mark Heitstuman, Asotin County Extension, (509) 243-2009 or Whitman County Extension.

Two weeks later, **Saturday, March 29, 2008**, the **Youth Swine Field Day** will be held at the Clarkston FFA Farm, registration starting at 9:15am. Topics for the swine field day include feeding, selection, health care, quality assurance and fitting & showing tips. Registration payment of \$5/person is requested by March 21 to the Nez Perce County Extension Office. Pizza and pop will be provided for lunch, which is included in the registration fee. This flyer is also posted at <http://whitman.4h.wsu.edu> and was emailed to 4-H leaders in Whitman County. For more information contact Kerry Sanford, Nez Perce County Extension, (208) 799-3096. These field days are the best opportunity for youth and their families to gain information related to beef and swine projects. Do not delay; sign up for the field days today!

### Whitman County Quality Assurance Training

Many volunteers have phoned the office inquiring about the dates for Quality Assurance Training. Whitman County Quality Assurance Training is scheduled for Tuesday, February 19, 7-9pm, in Conference Room A, Public Service Building in Colfax. Quality Assurance Training is required for all adult volunteers who wish to work with youth on quality assurance and sign off on their fair entry. All youth must complete their quality assurance training and complete their Health report form on their animal to be eligible to sell their market animal at Palouse Empire Fair. In addition, 4-H and FFA youth with market steer project must weigh-in their steers on one of the designated days. Adults only need to take the Whitman County Quality Assurance training once; youth are required to complete quality assurance training every year. If you have questions, contact Janet in the Extension Office.

### Spokane Jr. Livestock Show

Spokane Jr. Livestock Show is scheduled for May 6-11, 2008. Entries for the show are due on April 10, no exceptions! Applications for the Ambassador Program and Scholarship Program are also due on April 10. Key dates include: January 1 - steer ownership deadline; February 1 - hog ownership deadline; February 20 - carcass barrow weight to the office; February 23 - Benefit Dinner & Auction; March 1 - lamb ownership deadline. Past participants should have received a recent mailing. If you are new and would like the Jr. Show information, please contact the Extension office or go to <http://www.juniorshow.org>.

### County Demonstration Day

The Albion Best Adventures 4-H Club is hosting a County Demonstration Day on Saturday, March 22, 2008, starting at 10:00am in the Community Building in Albion. All 4-H members in the county are eligible to give their demonstration or presentation at the Albion 4-H Club hosted Demonstration Day. For non-Albion 4-H members, contact the Whitman County Extension Office to sign up for the contest.



### 4-H Scholarship Application due March 1

Washington State 4-H Scholarship deadline is **March 1, 2008**. 4-H members who are seniors in high school or are completing their GED may apply for scholarships from the Washington State 4-H Program. In order to be eligible to apply for these scholarships you must either be a current or former member of the Washington State 4-H Program and have accumulated at least 2 years of 4-H affiliation. Previous Washington State 4-H scholarship recipients are not eligible to apply. The Washington 4-H Scholarships require a completed 4-H Scholarship Application and Washington State 4-H Scholarship Supplemental Application Information. Each applicant will be considered for all Washington State 4-H Scholarships. These applications must be postmarked by **March 1, 2008**. Please send applications to Washington State 4-H Scholarship Committee, PO Box 644852, Pullman, WA 99164-4852. These scholarships may be used at any institution offering post-secondary education. The 4-H Scholarship Application form may be obtained from the Extension office or downloaded from the Washington State 4-H Website at <http://4h.wsu.edu>. If you have any questions about the scholarships please contact **Jan Klein** at (509) 358-7937 or email [jklein@wsu.edu](mailto:jklein@wsu.edu) or contact Janet in the Whitman County Extension Office (509) 397-6290.



### Whitman County Sheep Field Day

Hold the date of Saturday, March 8, 2008, 1:00pm – 5:00pm, for the **Whitman County Sheep Field Day**, hosted by Appel Valley Farm, Dick & Helen Appel and Neil & Tara Appel. The Sheep Field Day will begin at 1PM with the annual meeting and sheep industry updates. Following the annual meeting, the board will host an interactive panel discussion on “*Tips and Tricks on Sheep Management*”, *Demonstrate Tubing and Baby Lamb Revival* and participants will *tour the lambing barn* and facilities. Last but not least, attendees are encouraged to bring their favorite lamb dish for entry in the Lamb Dish Cook-Off Contest. Prizes will be awarded to the winning recipes and door prize drawing will be held throughout the afternoon. Wool pool contracts will be accepted on site and wool bags will be available for purchase. The Whitman County Sheep Field Day flyer is posted at <http://whitman.4h.wsu.edu>. Reminder: Wool Pool Contracts are due by March 15 in the Whitman County Extension Office.

### ADVANCED NOTICE: 2008 PNW Livestock Judges and Show Management School

Please save the date and help spread the word! The sixth PNW Livestock Judges and Show Management School will be **June 26-28, 2008** in Pullman, WA. Livestock judges’ presentation tracks will focus on beef, lambs, goats and swine. Judging topics will include market and breeding animals and fitting and showing. The show management program will include presentations on various issues related to both people and animals at fairs. For more information or to request a registration brochure, contact Janet Schmidt, [schmidtj@wsu.edu](mailto:schmidtj@wsu.edu).



### 4-H calendars and Avian calendars

We still have a good supply of 4-H Calendars and Avian Program Calendars in the office. Stop by the office and pick up a stack for the members in your 4-H club today!

### National 4-H Curriculum Ordering Has Changed.

Effective January 2, 2008 all items in the National 4-H Curriculum catalog will be sold at a single point of service through National 4-H Supply Service at: [www.4-hmall.org](http://www.4-hmall.org) (click on the 4-H Curriculum tab). If you have an existing customer account with National 4-H Supply Service you can continue to use your account information for all of your curriculum purchases. If you have not previously ordered through National 4-H Supply Service you will need to follow the brief steps to set up a new account (click on Sign In to create a new account).

### Tack Swap and Barn Sale

Do you have tack to sell or buy or trade? If so, mark your calendar for February 23, 7am – 4pm and February 24, 8am – 3pm, at 1341 E. Grand Tour Dr. in Hayden, ID. Thousands of new and used tack and horse items will be available. For more information contact (208) 772-6641.



### Middle School Leadership Training Opportunity

Don’t forget the upcoming County Teen Representative trainings for ANY middle school youth looking for leadership skill development. On the Eastside, it will be **Saturday, March 8**, at Spokane County Extension Office, 10 a.m. to 3 p.m. Cost: \$10. Please submit the registration form that can be found with the online [Tuesday News](http://www.4h.wsu.edu) to **Jan Klein** at [jklein@wsu.edu](mailto:jklein@wsu.edu) prior to the trainings.



### Pacific Science Center 4-H Camp-In

Are you looking for a special gift for your 4-H members this year? Why not give them the opportunity to spend a night at the Pacific Science Center in Seattle for the 4-H Camp in 2008. Join other 4-H members for an overnight experience on **April 12, 2008** and explore: Star Astronomy: Life Cycles of the hot and gassy!; Strange Matter Exhibition; Super Cold! And What’s the Matter. The cost is only \$40 and includes breakfast and snacks. Registration materials will be available soon. Mark your calendar and encourage 4-H members to attend. It will be a terrific adventure. For more information, contact **Janet Edwards**, [edwardsj@wsu.edu](mailto:edwardsj@wsu.edu).

### Listserv for 4-H Food Project Leaders

The State 4-H Foods & Nutrition Team developed a listserv for 4-H Food Leaders last year. The intent of the listserv is to provide a forum for leaders to ask questions related to food projects and to provide resources on food and nutrition, and to support their work on food projects. The listserv is moderated by one of the State 4-H Foods & Nutrition Team, and there are guidelines for posting. There are currently 57 members. We plan to survey the current listserv participants, as well as other Food & Nutrition leaders, to find out their expectations for the listserv, and solicit suggestions for topics and/or information that they would like to receive. In an effort to keep the county office “in the loop,” we would like to have at least one 4-H program staff from each county join the list. Please consider having one of your County 4-H program staff join the listserv so that the county office will receive information as the leaders receive it. To join the listserve, Email [lyris@lyris.cahnrs.wsu.edu](mailto:lyris@lyris.cahnrs.wsu.edu). In the body of the e-mail, type: subscribe 4hfoodleaders Your Name. If you have questions please contact one of the team members -- Karen Barale [kbarale@wsu.edu](mailto:kbarale@wsu.edu), Nancy Mordhorst [nancym@wsu.edu](mailto:nancym@wsu.edu) or Christy Price [mcprice@wsu.edu](mailto:mcprice@wsu.edu).



### HOW WOULD YOU POWER YOUR FUTURE?

Students' answers to that question could win them and your school thousands of dollars in rewards in a competition called Imagine Tomorrow. Exclusively for high school students, the competition debuts May 9-11, 2008. This competition will demonstrate to our future leaders the importance of civic engagement, while underscoring the intrinsic power of their own ideas and actions. Under the advisement of a school mentor, student teams will present their best ideas to address the world's growing energy problems. Student teams and their advisor will travel to the Washington State University campus in Pullman where they'll be fully hosted and given the opportunity to tour research labs. They will present their project before a panel of judges that includes top University faculty, as well as business and opinion leaders from throughout the state. Students and advisors will join the distinguished judges and fellow competitors at a spectacular awards banquet. Highlighting the evening will be a keynote speech from a man named one of Time magazine's "Heroes of the Planet:" Mr. Denis Hayes, board chair of the International Earth Day Network, President of the Bullitt Foundation, and former director of the National Renewable Energy Laboratory. Take the next step <http://www.imagine.wsu.edu/> A flier is available to download from the website.

